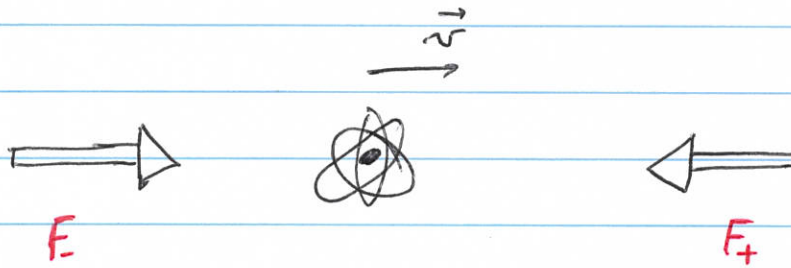


Tuesday, April 16, 2024

#1

## Semi-classical model of Doppler Cooling



$$\vec{F} = \frac{d\vec{p}}{dt} = \text{momentum} \times \frac{\text{becks}}{\text{secs}}$$

$$= \hbar k \gamma_{\text{scattering}}$$

$$= \hbar k \frac{s_0}{1 + s_0 + \left(\frac{2\delta}{\gamma}\right)^2} \frac{\gamma}{2}$$

1D model: We will do the calculation in the low intensity limit ( $s_0 = \frac{I}{I_{\text{sat}}} \ll 1$ ) so that the atoms do not have to choose between the two beams, i.e., saturation is not important.

detuning:  $\delta = +\delta_L + \underbrace{\omega_{\text{Doppler}}}_{\hbar \cdot \vec{k} \cdot \vec{v}} = +\delta_L \oplus \hbar v$   
( $\delta_L = \omega_L - \omega_a$ ) ↑  
laser direction

in 1D:  $F_{\text{total}} = -F_+ + F_-$

$$= \hbar k \frac{\gamma}{2} s_0 \left\{ \frac{-1}{1 + s_0 + \left[ \frac{2(\delta_L + \hbar v)}{\gamma} \right]^2} + \frac{1}{1 + s_0 + \left[ \frac{2(\delta_L - \hbar v)}{\gamma} \right]^2} \right\}$$

low  $\nu$  damping force:

assume  $|k\nu| \ll \delta$

$$F \approx \frac{tk\delta\sigma_0}{2} \left\{ \frac{-1}{1+\sigma_0 + \frac{4\delta_e^2}{\gamma^2} + \frac{8k\nu\delta_e}{\gamma^2} + \frac{4(k\nu)^2}{\delta^2}} + \frac{1}{1+\sigma_0 + \frac{4\delta_e^2}{\gamma^2} - \frac{8k\nu\delta_e}{\gamma^2} + \frac{4(k\nu)^2}{\delta^2}} \right\}$$

neglect

$$\approx \frac{tk\delta\sigma_0}{2} \left\{ \frac{-1}{\left(1+\sigma_0 + \frac{4\delta_e^2}{\gamma^2}\right) \left(1 + \frac{8k\nu\delta_e/\gamma^2}{1+\sigma_0 + 4\delta_e^2/\gamma^2}\right)} + \frac{1}{\left(1+\sigma_0 + \frac{4\delta_e^2}{\gamma^2}\right) \left(1 - \frac{8k\nu\delta_e/\gamma^2}{1+\sigma_0 + 4\delta_e^2/\gamma^2}\right)} \right\}$$

$\frac{1}{1+\epsilon} \approx 1-\epsilon$        $\frac{1}{1-\epsilon} \approx 1+\epsilon$

$$\approx \frac{tk\delta\sigma_0}{2} \frac{1}{1+\sigma_0 + 4\delta_e^2/\gamma^2} \left\{ -1 + \frac{8k\nu\delta_e/\gamma^2}{1+\sigma_0 + 4\delta_e^2/\gamma^2} + 1 + \frac{8k\nu\delta_e/\gamma^2}{1+\sigma_0 + 4\delta_e^2/\gamma^2} \right\}$$

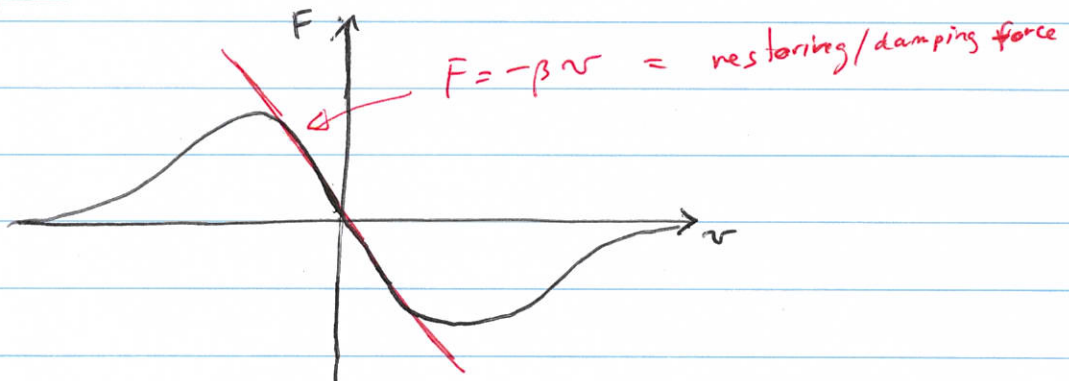
$$\approx \frac{tk\delta\sigma_0}{(1+\sigma_0 + 4\delta_e^2/\gamma^2)^2} \frac{8k\nu\delta_e}{\gamma^2}$$

$$\Leftrightarrow F \approx \frac{8tk^2\delta_e\sigma_0\nu}{\delta(1+\sigma_0 + 4\delta_e^2/\gamma^2)} = -\beta\nu$$

↑ damping coefficient

↑  $-\beta$

↑ negative for red detuning ( $\omega_e < \omega_a \Rightarrow \delta_e < 0$ )



## Doppler Temperature

The final temperature is determined by the equilibrium condition:

$$\text{cooling rate} = \text{heating rate}$$

what's the cooling rate?

$$\text{Cooling rate} = \frac{dE}{dt} = \text{power out}$$

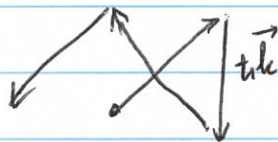
$$= \vec{F}_{\text{cooling}} \cdot \vec{v}$$

$$= \frac{D_0}{\left[1 + D_0 + \left(\frac{2\delta_L}{\gamma}\right)^2\right]^2} \frac{8\hbar^2 k^2 \delta_L}{\gamma} v^2$$

what's the heating rate?

Random direction of absorption (3D) and random fluorescence scattering generates a random walk in momentum each with a step of  $\vec{p} = \hbar k$

absorption or re-emission in 3D



$$\text{heating rate} = \frac{d}{dt} \langle E_{\text{kinetic}} \rangle = \frac{d}{dt} \left[ \left\langle \frac{P^2(t)}{2m} \right\rangle \right]$$

$$\begin{aligned}
 &= \frac{1}{2m} \frac{d}{dt} \left\langle \vec{p}_1^2 + \vec{p}_2^2 + \dots + 2\vec{p}_1 \cdot \vec{p}_2 + 2\vec{p}_2 \cdot \vec{p}_3 + \dots \right\rangle_t \\
 &= \frac{1}{2m} \frac{d}{dt} \left\{ \underbrace{\langle \vec{p}_1^2 \rangle_t}_{(\hbar k)^2} + \underbrace{\langle \vec{p}_2^2 \rangle_t}_{(\hbar k)^2} + \dots + 2 \underbrace{\langle \vec{p}_1 \cdot \vec{p}_2 \rangle_t}_0 + 2 \underbrace{\langle \vec{p}_2 \cdot \vec{p}_3 \rangle_t}_0 + \dots \right\} \\
 &= \frac{1}{2m} \frac{d}{dt} \left\{ \underbrace{N(t)}_{N(t)} (\hbar k)^2 \right\}
 \end{aligned}$$

no correlation between different scattering event  
 $\langle \vec{p}_i \cdot \vec{p}_j \rangle_t = 0$   
 $i \neq j$

$$\begin{aligned}
 &= \frac{1}{2m} (\hbar k)^2 \frac{d}{dt} N(t) \\
 &\quad \uparrow \\
 &\quad 2 \times \gamma_{\text{scattering}} \\
 &\quad \uparrow \\
 &\quad 1+1 = \text{absorption} + \text{spontaneous emission}
 \end{aligned}$$

$$\Rightarrow \text{heating rate} = \frac{1}{2m} 2 (\hbar k)^2 \gamma_{\text{scattering}}$$

$$\begin{aligned}
 &2 \times \frac{\rho_0 \gamma/2}{1 + \rho_0 + \left(\frac{2\delta_d}{\gamma}\right)^2} \quad \text{for } \langle v \rangle = 0 \\
 &\quad \uparrow \\
 &\quad 2 \text{ laser beams counterpropagating} \\
 &\quad \leftarrow \text{no Doppler shift on average (neglect)}
 \end{aligned}$$

At equilibrium: heating rate = cooling rate

$$\frac{2 \hbar (\hbar k)^2}{2m} \frac{\rho_0 \gamma}{1 + \rho_0 + \left(\frac{2\delta_d}{\gamma}\right)^2} = \frac{\rho_0}{\left[1 + \rho_0 + \left(\frac{2\delta_d}{\gamma}\right)^2\right]} \frac{8 \hbar k^2 \delta_d v^2}{\gamma}$$

$$\Leftrightarrow \frac{2\hbar\gamma}{2m} = \frac{8\delta_\ell v^2}{\gamma \left[ 1 + \cancel{\gamma} + \left( \frac{2\delta_\ell}{\gamma} \right)^2 \right]}$$

$\approx 0$  (neglect)  
for low intensity limit

$$\Leftrightarrow \frac{\hbar\gamma}{2 \cdot 8} \frac{\gamma}{\delta_\ell} \left[ 1 + \left( \frac{2\delta_\ell}{\gamma} \right)^2 \right] = \frac{1}{2} m v^2 = \langle E_{\text{kinetic}} \rangle$$

This function has a minimum for  $\delta_\ell = -\gamma/2$

$$\Rightarrow \frac{\hbar\gamma}{16} \frac{\cancel{\gamma}}{\cancel{\gamma/2}} \left( 1 + \left( \frac{2\cancel{\gamma/2}}{\cancel{\gamma}} \right)^2 \right) = \langle E_{\text{kinetic}} \rangle = \frac{1}{2} kT$$

$$\Leftrightarrow \frac{\hbar\gamma}{4} = \frac{1}{2} kT$$

$$\Rightarrow T_{\text{minimum}} = \frac{\hbar\gamma}{2k} = \text{Doppler cooling limit}$$

or

Doppler Temperature

Ex:  $T \approx 180 \mu\text{K}$  for  $^{87}\text{Rb}$

with  $\hbar = 1.054 \times 10^{-34} \text{ J}\cdot\text{s}$

$\gamma = 2\pi \times 6 \text{ MHz}$

$k = 1.38 \times 10^{-23} \text{ J/K}$