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- 10 mW of laser power.
- focused down to 10 $\mu\text{m}.$
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Atoms are trapped by focused laser light !!!

⁸⁷Rb dipole trap



Quasi-static Limit:

- 1 W of power.
- focused down to 100 $\mu\text{m}.$

<u>Atom: ⁸⁷Rb</u> DC polarizability: $\alpha = h \cdot 0.08 Hz / (\frac{V}{cm})^2$

 \Rightarrow Intensity ~ 10⁸ W/m², Electric field = 2.7 × 10³ V/cm



Ultracold atoms are trapped by focused laser light !!!



Optical Tweezers

The classical picture of dipole trapping is given by ray optics:



Sphere attracted to region of high intensity.

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Laser photons

Atom + Laser Field (dressed atom picture), δ =0



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+ add-in atom-laser interaction energy

