

Thursday, March 7, 2024

## Spontaneous Emission

### I - Basic Physics

Recall the dressed atom Hamiltonian:

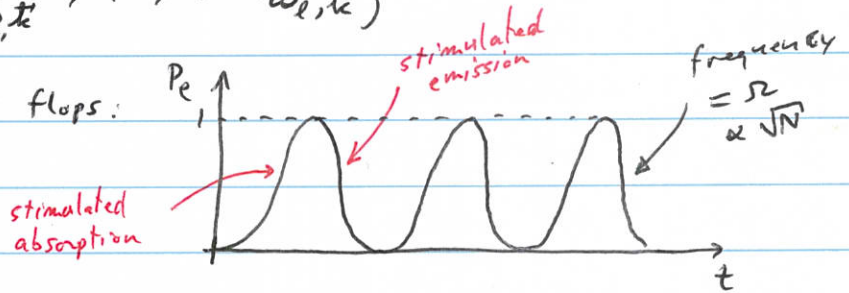
$$H = H_{\text{atom}} + H_{\text{EM field}} + H_{\text{interaction}}$$

$$= \begin{pmatrix} E_g & 0 \\ 0 & E_e \end{pmatrix} + \hbar \omega_{e,g} \begin{pmatrix} N+1 & 0 \\ 0 & N \end{pmatrix} + \hbar \begin{pmatrix} 0 & \Omega/2 \\ \Omega^*/2 & 0 \end{pmatrix}$$

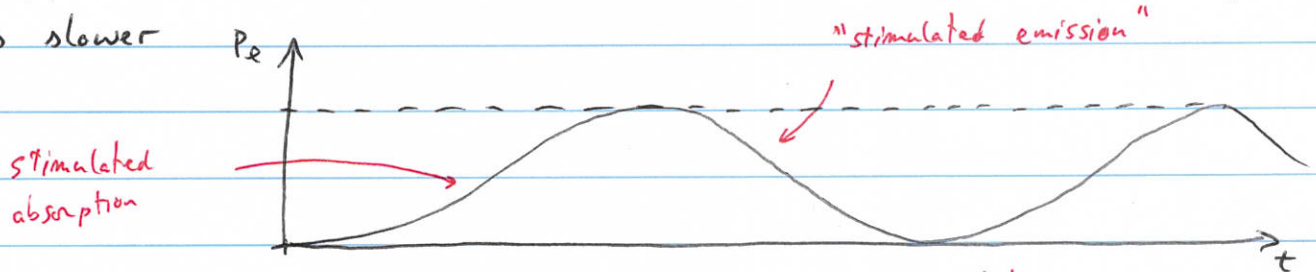
note:  $\Omega \rightarrow \Omega(\sqrt{N})$

basis:  $\{ |g\rangle |N+1\rangle_{\omega_{e,g}}, |e\rangle |N\rangle_{\omega_{e,g}} \}$

Atom-field system Rabi flops:



Suppose that we have a  $N=1$  laser, then the Rabi-flopping is slower



The basis is  $\{ |g\rangle |1\rangle_{\omega_{e,g}}, |e\rangle |0\rangle_{\omega_{e,g}} \}$

energetically, we can include  $|e\rangle |0\rangle_{\omega_{e,g}}$  as well

photon vacuum state

So the basis is really

$$\{ |g\rangle |1\rangle_{\omega_L, k}, |e\rangle |0\rangle_{\omega_L, k}, |e\rangle |0\rangle_{\omega_L, k' \neq k}, \dots$$

during "stimulated emission" photon could go to  $k \neq k'$

$$\dots |g\rangle |1\rangle_{\omega_L, k'}$$

infinite number

### II Spontaneous Emission

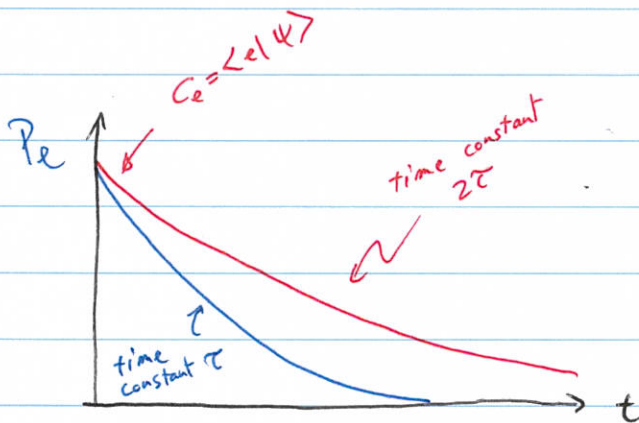
In other words, an excited atom can undergo "stimulated emission" by the photon vacuum in any direction.

- An atom in an excited state will tend to decay into a superposition of many  $|g\rangle |1\rangle$  "one" photon states (all pointing in different directions).
- The more states into which an atom can "Rabi flop" or leak into, the faster the decay.

↳ The decay is exponential with time constant  $\tau$ .  
For a 2-level atom

$$\tau = \frac{1}{\gamma} = \frac{3\pi \epsilon_0 \hbar c^3}{|\langle e | R | g \rangle|^2 \omega_{eg}^3} \approx 27 \text{ ns for Rb}$$

# density of photon  $k'$  states scales like  $\omega_{eg}^3$



$$\frac{dP_e}{dt} = -\gamma P_e$$

$$\frac{dC_e}{dt} = -\frac{\gamma}{2} C_e$$

III Derivation [originally derived by Wigner & Weisskopf]  
 [method: show that decay is exponential, i.e.  $\frac{dC_e}{dt} = -\frac{\gamma}{2} C_e$ ]

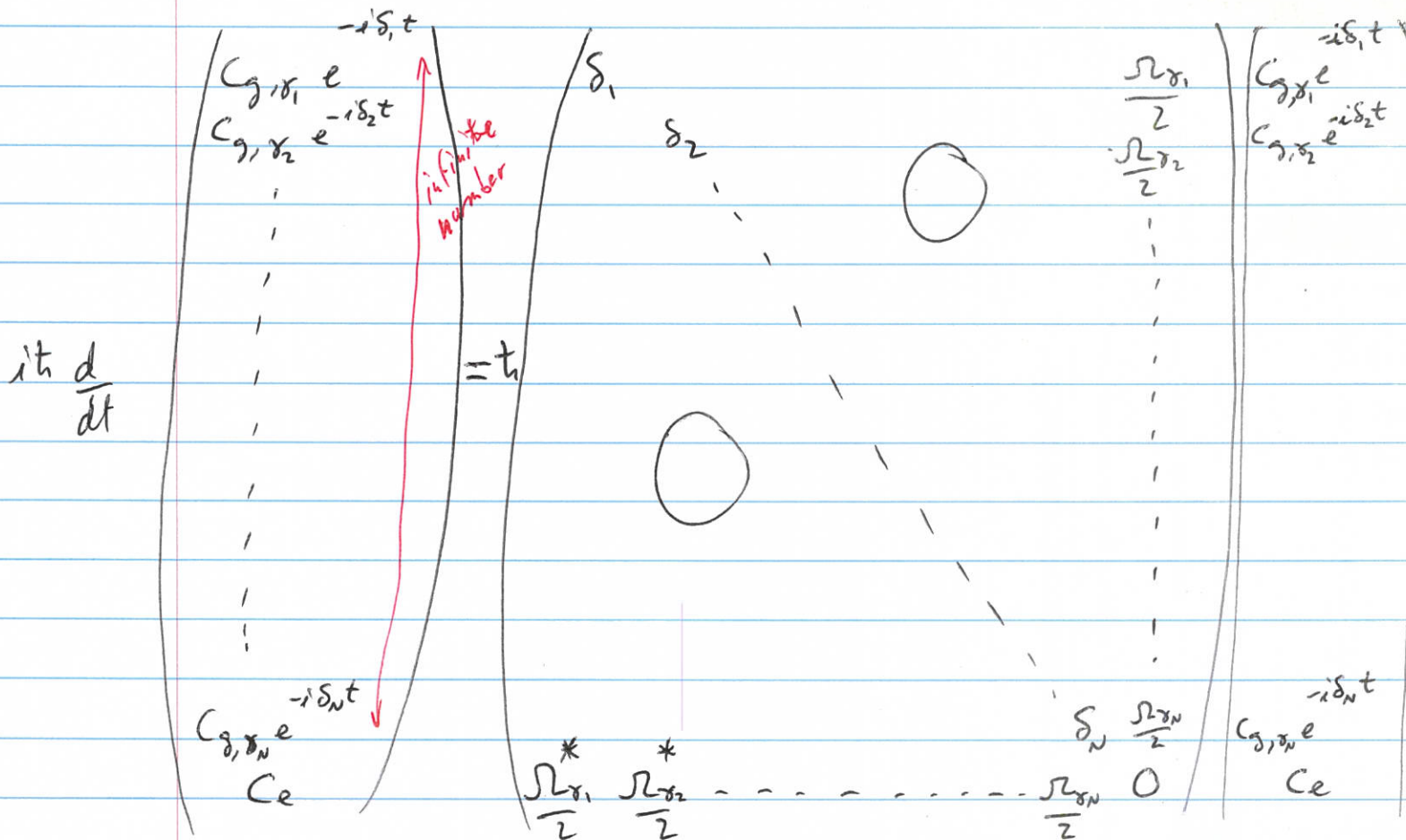
Dressed atom wavefunction for decaying excited states

$$|\Psi(t)\rangle = c_e(t)|e\rangle + \sum_{\gamma \text{ photon states}} c_{g,\gamma}(t) e^{-i\delta_\gamma t} |g\rangle |1\rangle_\gamma$$

with  $\delta_\gamma = \omega_\gamma - \omega_{eg}$

we would like to write  $\delta_\gamma = 0$  to conserve energy, but since the excited state exists for a finite time  $\rightarrow$  then there ~~is~~ is an energy spread.

The Schrodinger equation becomes:



$$\Rightarrow \left\{ \begin{aligned} i \frac{d}{dt} C_e(t) &= \sum_{\gamma \text{ states}} C_{g,\gamma}(t) \frac{\Omega_\gamma^*}{2} e^{-i\delta_\gamma t} \end{aligned} \right. \quad (1)$$

$$\left\{ \begin{aligned} i \frac{d}{dt} C_{g,\gamma}(t) e^{-i\delta_\gamma t} + \cancel{\delta_\gamma \cdot C_{g,\gamma}(t) e^{-i\delta_\gamma t}} &= \cancel{\delta_\gamma C_{g,\gamma} e^{-i\delta_\gamma t}} + \frac{\Omega_\gamma}{2} C_e(t) e^{-i\delta_\gamma t} \end{aligned} \right.$$

$$\hookrightarrow i \frac{d}{dt} C_{g,\gamma}(t) = \frac{\Omega_\gamma}{2} \cdot C_e(t) e^{+i\delta_\gamma t} \quad (2)$$

↑  
infinite number  
of equations  
(1 for each  $\gamma$  state)

next, integrate (2)

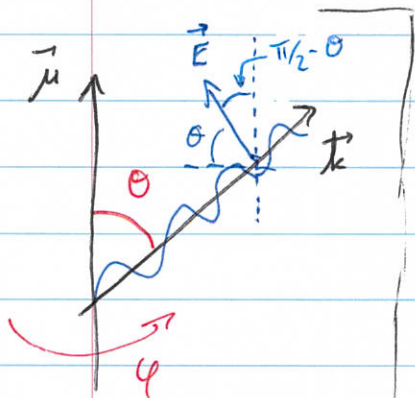
$$C_{g,\gamma}(t) = -i \frac{\Omega_\gamma}{2} \int_0^t e^{i\delta_\gamma t'} C_e(t') dt'$$

substitute into (1):

$$\frac{d}{dt} C_e(t) = - \sum_{\gamma} \frac{|\Omega_\gamma|^2}{4} \int_0^t e^{-i\delta_\gamma(t-t')} C_e(t') dt'$$

evaluate this part in the hope of pulling  $C_e(t')$  term out of integral.

Recall:  $\Omega_\gamma = \frac{\langle g | H_{int} | e \rangle}{\hbar} = \frac{\langle g | -e \vec{R} \cdot \vec{E}_\gamma | e \rangle}{\hbar}$



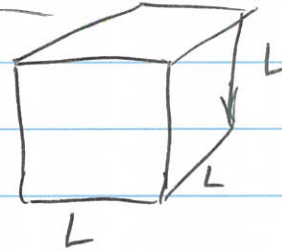
$$= -e \underbrace{\langle g | \vec{R} | e \rangle}_{\text{electric dipole transition moment} = \vec{\mu}_{eg}} \cdot \frac{\vec{E}_\gamma}{\hbar} = -\vec{\mu}_{eg} \cdot \frac{\vec{E}_\gamma}{\hbar}$$

$$= -\frac{1}{\hbar} |\vec{\mu}_{eg}| |\vec{E}_\gamma| \sin \theta$$

θ is in the direction of  $\vec{k}$  not  $\vec{E}$ .

# Cartoon quantization of the EM-field

Universe = Box with side L =



=> volume =  $V = L^3$

Energy of a photon in Box =  $\hbar \omega_{\gamma} = \frac{1}{2} \int (\epsilon_0 \vec{E}^2 + \frac{1}{\mu_0} \vec{B}^2) dV$

a little bit of algebra ↓

=>  $|\vec{E}_{\gamma}|_{RMS} = \sqrt{\frac{\hbar \omega_{\gamma}}{\epsilon_0 V}}$

So for Energy =  $\frac{\hbar \omega_{\gamma}}{2}$  =>  $|\vec{E}_{\gamma, N=0}|_{RMS} = |\vec{E}_{vacuum}|_{RMS}$

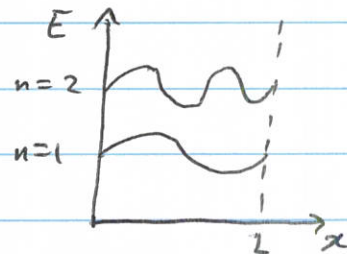
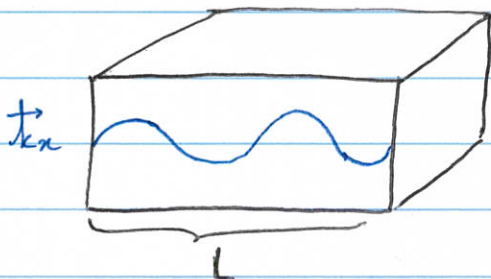
idea: vacuum has energy  $\frac{\hbar \omega}{2}$

=  $\sqrt{\frac{\hbar \omega_{\gamma}}{2 \epsilon_0 V}}$

=>  $|\vec{E}_{vacuum}| = \sqrt{\frac{\hbar \omega_{\gamma}}{\epsilon_0 V}} \equiv |\vec{E}_{\gamma}|$

stopped here

Let's count the number of photon spatial modes in the box universe with periodic boundary conditions



=>  $k_x = \frac{2\pi n_x}{L}$

=>  $dn_x = \frac{L}{2\pi} dk_x$

number of modes between  $k$  &  $k+dk$

$$\Rightarrow dN = \left(\frac{L}{2\pi}\right)^3 dk^3 = dn_x dn_y dn_z$$

↓  
2 polarizations

$$dN = 2 \frac{V}{(2\pi)^3} k^2 \sin\theta dk d\theta d\phi$$

$\downarrow \omega_\gamma / c$        $\downarrow \frac{d\omega_\gamma}{c}$

$$\Rightarrow dN_\gamma = 2 \frac{V}{(2\pi)^3} \frac{\omega^2 \sin\theta}{c^3} d\omega d\theta d\phi$$

convert to integral

Thus:  $\frac{d}{dt} C_e(t) = - \sum_{\gamma \text{ states}} \frac{|\Omega_\gamma|^2}{4} \int_0^t e^{-i\delta_\gamma(t-t')} C_e(t') dt'$

$$\frac{d}{dt} C_e(t) = - \int_0^\infty d\omega_\gamma \left\{ \frac{\omega_\gamma^2}{c^3} \frac{2V}{(2\pi)^3} \frac{|\mu_{eg}|^2 |E_\gamma|^2}{4 \hbar^2} \int_0^\pi d\theta \sin^3\theta \int_0^{2\pi} d\phi \right\} \int_0^t e^{-i\delta_\gamma(t-t')} C_e(t') dt'$$

$\frac{\hbar \omega_\gamma}{E_\gamma V}$        $\delta_\gamma = \omega_\gamma - \omega_{eg}$

$$\sim - \frac{1}{2} \frac{\mu_{eg}^2 \omega_{eg}^3}{3\pi^2 \epsilon_0 \hbar c^3} C_e(t) \times \int_0^t e^{-i\delta_\gamma(t-t')} C_e(t') dt'$$

Strongly peaked at  $\begin{cases} \omega_\gamma = \omega_{eg} \\ t = t' \end{cases}$

$$\sim \pi \delta(\delta_\gamma) \tilde{\delta}(t-t') - P \left[ \frac{i}{\delta} \right]$$

Lamb shift (neglect)

$\delta = \frac{1}{2} \gamma$   
= spontaneous emission rate

$$\Rightarrow \frac{d}{dt} C_e(t) = -\frac{1}{2} \gamma C_e(t)$$

decay is exponential with time constant =  $\frac{2}{\gamma}$