

Tuesday, September 16, 2025

## 2-level atom in an EM field

QM

classical EM

### I Hamiltonian

The interaction between an electric field  $\vec{E}$  and the electric dipole moment  $\vec{d}$  of an atom is given by

$$H_{\text{int}} = -\vec{d} \cdot \vec{E} = e \vec{R} \cdot \vec{E}_0 \cos(\omega_L t)$$

$\cos(\vec{k}_z - \omega_L t)$

with  $g=0$

(see Griffiths)  
eqn. 4.6

$\omega_L$  = frequency  
of laser  
field

(Assumption: single  $e^-$  orbiting a nucleus)

In the 2-level atom basis  $\{|g\rangle, |e\rangle\}$ , we have

$$H_{\text{int}} = e \vec{E}_0 \cos(\omega_L t) \begin{bmatrix} \langle g | \vec{R} | g \rangle & \langle g | \vec{R} | e \rangle \\ \langle e | \vec{R} | g \rangle & \langle e | \vec{R} | e \rangle \end{bmatrix}$$

Parity operator

Recall:  $[P, H_{\text{atom}}] = 0 \Rightarrow |g\rangle \& |e\rangle$  have a definite parity.

"2-level atom"  $\approx$  alkali atom  
(1 valence  $e^-$ )

$nS \leftrightarrow nP$  transition

$|g\rangle \leftrightarrow |e\rangle$

$$\langle g | \vec{R} | g \rangle = \langle g | (x, y, z) | g \rangle = \int \psi_g^*(\vec{r}) (x, y, z) \psi_g(\vec{r}) d^3r$$

even odd even even odd even

$$= 0$$

similarly,  $\langle e | \vec{R} | e \rangle = 0$

$$\begin{aligned}
 \text{In AMO, we define } \mathcal{R} &= \frac{e \langle g | \vec{R} | e \rangle}{\hbar} \cdot \vec{E}_0 \\
 &= \frac{\langle g | H_{\text{int}} | e \rangle}{\hbar} \\
 &= \text{Rabi frequency}
 \end{aligned}$$

Thus the Hamiltonian for a 2-level atom interacting with an EM field is

$$\begin{aligned}
 H &= \underbrace{\begin{pmatrix} \langle g | & | e \rangle \\ E_g & 0 \\ \langle e | & | E_e \rangle \end{pmatrix}}_{H_0} + \hbar \underbrace{\begin{pmatrix} 0 & \mathcal{R} \\ \mathcal{R}^* & 0 \end{pmatrix}}_{H_{\text{int}}} \cos(\omega_r t)
 \end{aligned}$$

$$H_0 = \hbar \begin{pmatrix} \omega_g & 0 \\ 0 & \omega_e \end{pmatrix}$$

Time Evolution : Schrodinger Equation

The schrodinger equation is

$$(1) \quad i\hbar \frac{\partial}{\partial t} |\psi\rangle = H |\psi\rangle$$

We will find a solution in the unperturbed basis  $\{|g\rangle, |e\rangle\}$  of the form

$$(2) \quad |\psi(t)\rangle = \underbrace{c_g(t)}_1 e^{-i\omega_g t} |g\rangle + \underbrace{c_e(t)}_2 e^{-i\omega_e t} |e\rangle$$

non-trivial time-dependence (due to  $H_{\text{int}}$ )

(2) → (1) "plug & chug"

1g) component:

$$i\hbar \left[ \frac{\partial}{\partial t} C_g(t) \cdot e^{-i\omega_g t} + C_g(t) \cdot (-i\omega_g) e^{-i\omega_g t} \right] \text{ (1g)}$$

$$= \left[ C_g(t) \cdot e^{-i\omega_g t} \underbrace{E_g}_{\hbar \omega_g} + C_e(t) e^{-i\omega_e t} + \hbar \mathcal{R} \cos(\omega_e t) \right] \text{ (1g)}$$

$$\Rightarrow (3a) i\hbar \frac{\partial}{\partial t} C_g(t) = C_e(t) \hbar \mathcal{R} \cos(\omega_e t) e^{-i\omega_g t} \quad \underbrace{\omega_g - \omega_e - \omega_g}$$

similarly,

$$(3b) i\hbar \frac{\partial}{\partial t} C_e(t) = C_g(t) \hbar \mathcal{R}^* \cos(\omega_e t) e^{+i\omega_g t}$$

(no approximation so far!)

### Rotating Wave Approximation (RWA)

$$(3a) \rightarrow i\hbar \frac{\partial}{\partial t} C_g(t) = C_e(t) \hbar \mathcal{R} \left[ \frac{e^{i\omega_e t} + e^{-i\omega_e t}}{2} \right] e^{-i\omega_g t}$$

$$\Rightarrow i \frac{\partial}{\partial t} C_g(t) = C_e(t) \frac{\hbar \mathcal{R}}{2} \left[ \underbrace{e^{i(\omega_e - \omega_g)t}}_{\text{slow oscillations}} + \underbrace{e^{-i(\omega_e + \omega_g)t}}_{\text{very fast oscillations}} \right]$$

#### Partial Justification:

If  $C_e(t) \approx \text{cst}$  (slowly varying), then integrate  $\dot{C}_g(t)$  (averages to "zero") with respect to  $t$ .

$$\Rightarrow i C_g(t) \approx C_e \frac{\hbar \mathcal{R}}{2} \left[ \frac{e^{i(\omega_e - \omega_g)t}}{i(\omega_e - \omega_g)} + \frac{e^{-i(\omega_e + \omega_g)t}}{-i(\omega_e + \omega_g)} \right]$$

very small

ignore (RWA)

$$\left\{ \begin{array}{l} i \frac{d}{dt} C_g(t) \approx C_e(t) \frac{\gamma}{2} e^{i(\omega_e - \omega_{eg})t} \\ \qquad \qquad \qquad \delta = \omega_e - \omega_{eg} \\ \qquad \qquad \qquad = \text{detuning} \end{array} \right. \quad (4a)$$

$\Rightarrow$  Similarly,

$$i \frac{d}{dt} C_e(t) \approx C_g(t) \frac{\gamma}{2} e^{-i(\omega_e - \omega_{eg})t} \quad (4b)$$

### Rabi Oscillations

We need to get separate equations for  $C_g(t)$  &  $C_e(t)$

$$\frac{\partial}{\partial t} (4a) = i \frac{\partial^2}{\partial t^2} C_g(t) \approx C_e(t) \frac{\gamma}{2} ( +i\delta ) e^{i\delta t}$$

+  $\frac{\gamma}{2} e^{i\delta t} \left( \frac{\partial}{\partial t} C_e(t) \right)$

substitute from (4b)  
from (4a)  $\rightarrow$  "  $\frac{\partial}{\partial t} C_g(t)$  " term  
"  $C_g(t)$  " term

(repeat for  $\frac{\partial}{\partial t} (4b)$ )

After differentiation & substitutions, we get (see Metcalf & Van der Straten)

$$\left\{ \begin{array}{l} \frac{\partial^2}{\partial t^2} C_g(t) - i\delta \frac{\partial}{\partial t} C_g(t) + \frac{|\gamma|^2}{4} C_g(t) = 0 \end{array} \right. \quad (5a)$$

$$\frac{\partial^2}{\partial t^2} C_e(t) + i\delta \frac{\partial}{\partial t} C_e(t) + \frac{|\gamma|^2}{4} C_e(t) = 0 \quad (5b)$$

Easy/straightforward to solve! (but tedious)

(standard 2<sup>nd</sup> order diff. eq. with constant coefficients)

Initial conditions: atom in ground state

$$c_g(t=0) = 1, \quad \frac{d}{dt} c_g(t=0) = 0$$

$$c_e(t=0) = 0, \quad \frac{d}{dt} c_e(t=0) = 0$$

Solution:

$$\left\{ \begin{array}{l} c_g(t) = \left[ \cos\left(\frac{\omega'}{2}t\right) - \frac{i\delta}{\omega'} \sin\left(\frac{\omega'}{2}t\right) \right] e^{i\frac{\delta t}{2}} \\ c_e(t) = -i\frac{\omega}{\omega'} \sin\left(\frac{\omega'}{2}t\right) e^{-i\frac{\delta t}{2}} \end{array} \right. \quad (6a)$$

$$\left\{ \begin{array}{l} c_g(t) = \left[ \cos\left(\frac{\omega'}{2}t\right) - \frac{i\delta}{\omega'} \sin\left(\frac{\omega'}{2}t\right) \right] e^{i\frac{\delta t}{2}} \\ c_e(t) = -i\frac{\omega}{\omega'} \sin\left(\frac{\omega'}{2}t\right) e^{-i\frac{\delta t}{2}} \end{array} \right. \quad (6b)$$

with  $\delta = \omega_e - \omega_g$  = detuning and  $\omega' = \sqrt{\omega^2 + \delta^2}$  = generalized Rabi frequency

