

Thursday, October 2, 2025

Derivation of Spontaneous Emission Rate (continued)[Objective: show that $\frac{d}{dt} C_e = -\frac{\gamma}{2} C_e = -\frac{1}{2\tau} C_e$]

Last time we showed that the Schrodinger equation becomes:

$$\left\{ \begin{aligned} i \frac{d}{dt} C_e(t) &= \sum_{\gamma \text{ states}} C_{g,\gamma}(t) \frac{\Omega_{\gamma}^*}{2} e^{-i\delta_{\gamma} t} \end{aligned} \right. \quad (1)$$

$$\left\{ \begin{aligned} i \frac{d}{dt} C_{g,\gamma}(t) &= \frac{\Omega_{\gamma}}{2} \cdot C_e(t) e^{i\delta_{\gamma} t} \end{aligned} \right. \quad (2)$$

infinite number of equations
(1 for each γ photon state)

Next, we integrate (2):

$$C_{g,\gamma}(t) = -i \frac{\Omega_{\gamma}}{2} \int_0^t e^{i\delta_{\gamma} t'} C_e(t') dt' \quad (3)$$

Then substitute (3) into (1):

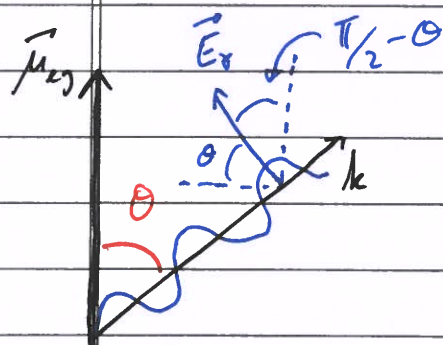
$$\frac{d}{dt} C_e(t) = - \sum_{\gamma \text{ states}} \underbrace{\frac{|\Omega_{\gamma}|^2}{4}} \int_0^t e^{-i\delta_{\gamma}(t-t')} C_e(t') dt'$$

Plan: Evaluate this part in the hope
of pulling $C_e(t')$ term out of integral

$$\hat{z}_g, \text{ or } \hat{x}_g \pm i\hat{y}_g$$

#2

Recall: $\Omega_g = \langle g | H_{int} | e \rangle = \frac{\langle g | -e \vec{R} \cdot \vec{E}_g | e \rangle}{\hbar}$



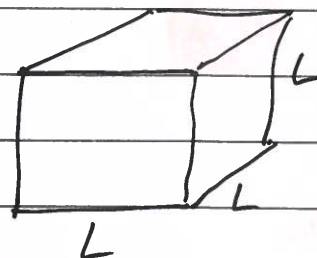
$$= -e \underbrace{\langle g | \vec{R} | e \rangle}_{\substack{\text{electric dipole} \\ \text{transition moment} \\ = \vec{\mu}_{eg}}} \cdot \frac{\vec{E}_g}{\hbar} = -\vec{\mu}_{eg} \cdot \frac{\vec{E}_g}{\hbar}$$

$$= \frac{-1}{\hbar} |\vec{\mu}_{eg}| |\vec{E}_g| \sin \theta$$

θ gives the direction of $\vec{k}$ not $\vec{E}$

Cartoon quantization of the EM-field

Universe = Box with side $L =$



$\Rightarrow$ volume = $V = L^3$

Energy of a photon in Box = $\hbar \omega_g = \frac{1}{2} \int_V (\epsilon_0 \vec{E}^2 + \frac{1}{\mu_0} \vec{B}^2) dV$

a little bit of algebra

$$\Rightarrow |\vec{E}_g|_{rms} = \sqrt{\frac{\hbar \omega_g}{\epsilon_0 V}}$$

So for Energy = $\frac{\hbar \omega_g}{2} \Rightarrow |\vec{E}_{g, n=0}|_{rms} = |\vec{E}_{vacuum}|_{rms}$

idea: vacuum has energy $\frac{\hbar \omega}{2}$

$$= \sqrt{\frac{\hbar \omega_g}{2 \epsilon_0 V}}$$

"vacuum" = $|0\rangle_g$ photon state

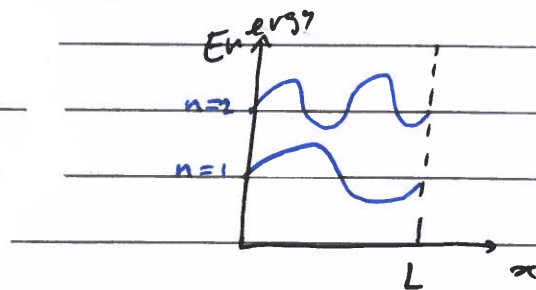
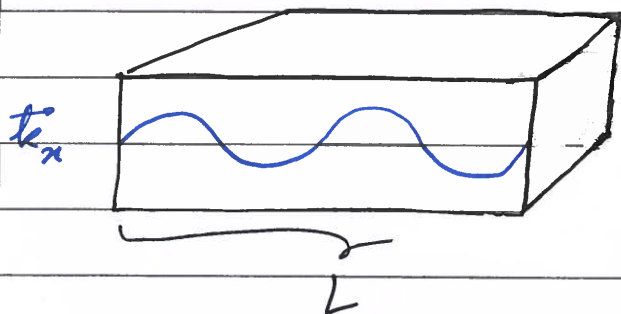
$$\Rightarrow |\vec{E}_{vacuum}| = \sqrt{2} |\vec{E}_{vacuum}|_{rms} = \sqrt{\frac{\hbar \omega_g}{\epsilon_0 V}} \equiv |\vec{E}_g|$$

Amplitude of the electric field of a photon

Converting " $\sum_{\gamma}$ " to an integral (sum over γ states)

#3

Let's count the number of photon spatial modes in the box universe with periodic boundary conditions



$$\Rightarrow k_x = \frac{2\pi n_x}{L} \quad \Rightarrow \quad dn_x = \frac{L}{2\pi} dk_x$$

number of modes
between k & $k+dk$

$$\Rightarrow dN = \left(\frac{L}{2\pi} \right)^3 dk^3 = dn_x dn_y dn_z$$

2 polarizations

$$dN = 2 \frac{V}{(2\pi)^3} k^2 \sin\theta dk d\theta d\phi$$

$$k = \frac{\omega}{c}$$

$$d\omega$$

$$\Rightarrow dN_{\gamma} = 2 \frac{V}{(2\pi)^3} \frac{\omega^2}{c^3} \sin\theta d\omega d\theta d\phi$$

Convert to integral

$$\text{Thus: } \frac{d}{dt} C_{\gamma}(t) = - \sum_{\gamma \text{ states}} \frac{|\Omega_{\gamma}|^2}{4} \int_0^t e^{-i\omega_{\gamma}(t-t')} C_{\gamma}(t') dt'$$

$$\text{recall: } \Omega_{\gamma} = -\frac{1}{\hbar} |\vec{\mu}_{\gamma}| \underbrace{|\vec{E}_0|}_{\sqrt{\frac{\hbar \omega_{\gamma}}{\epsilon_0 V}}} \sin\theta \Rightarrow |\Omega_{\gamma}|^2 = \frac{|\mu_{\gamma}|^2}{\hbar^2} \frac{\omega_{\gamma}}{\epsilon_0 V} \sin^2\theta$$

$$\Rightarrow \frac{d}{dt} C_e(t) = - \int_0^\infty d\omega_r \left\{ \frac{2V}{(2\pi)^3} \frac{\omega_r^2}{c^3} \frac{|\mu_{eg}|^2 \omega_r}{4\hbar \epsilon_0 V} \underbrace{\int_0^\pi d\theta \sin^3 \theta}_{4/3} \underbrace{\int_0^{2\pi} d\phi}_{2\pi} \right.$$

$$\times \int_0^t e^{-i\delta_r(t-t')} C_e(t') dt'$$

$\delta_r = \omega_r - \omega_{eg}$

Strongly peaked at $\begin{cases} \omega_r = \omega_{eg} \\ t = t' \end{cases}$

$$\rightarrow \pi \delta(\delta_r) \tilde{\delta}(t-t') = \underbrace{P\left[\frac{i}{\delta}\right]}_{\text{Lamb shift (neglect)}}$$

$$\Rightarrow \frac{d}{dt} C_e(t) = - \cancel{\frac{2V}{(2\pi)^3}} \frac{\omega_{eg}^3}{c^3} \frac{\mu_{eg}^2}{4\hbar} \frac{1}{\epsilon_0 V} \frac{4}{3} \cancel{2\pi} C_e(t)$$

$$= -\frac{1}{2} \underbrace{\frac{\mu_{eg}^2 \omega_{eg}^3}{3\pi \epsilon_0 \hbar c^3}}_{\gamma = 1/\tau} C_e(t)$$

= spontaneous emission rate

$$\Rightarrow \boxed{\frac{d}{dt} C_e(t) = -\frac{1}{2} \gamma C_e(t)} \quad \begin{array}{l} \text{decay of } C_e \text{ is exponential} \\ \text{with time constant} = \frac{2}{\gamma} \end{array}$$

In "Schrodinger format", the equation becomes

$$i\hbar \frac{d}{dt} C_e(t) = -i\hbar \frac{\gamma}{2} C_e(t)$$

We would like to write the Schrodinger equation of the dressed atom with spontaneous emission as

$$i\hbar \frac{d}{dt} \begin{pmatrix} c_g(t) \\ c_e(t) \end{pmatrix} = \hbar \begin{pmatrix} \delta & \Omega/2 \\ \Omega^*/2 & 0 \end{pmatrix} \begin{pmatrix} c_g(t) \\ c_e(t) \end{pmatrix} - \begin{pmatrix} 0 \\ i\hbar \frac{\gamma}{2} c_e(t) \end{pmatrix}$$

$\delta(?)$

We are not sure what to put here because a spontaneous emission depletes the excited state $|e\rangle$, atoms go into the ground state $|g\rangle$, but not coherently [the environment chooses a direction for the emitted photon]

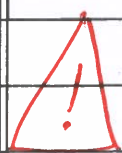
"environment performs a measurement"

$$\Rightarrow i\hbar \frac{d}{dt} \begin{pmatrix} c_g(t) \\ c_e(t) \end{pmatrix} = \hbar \begin{pmatrix} \delta & \Omega/2 \\ \Omega^*/2 & -i\gamma/2 \end{pmatrix} \begin{pmatrix} c_g(t) \\ c_e(t) \end{pmatrix}$$

H

imaginary term
non-Hermitian

$\Rightarrow$ probability is not conserved!



The Schrodinger equation can only handle coherent superpositions of states, not statistical mixtures.

Two methods for dealing with statistical mixtures:

- Density matrix

- Monte Carlo wavefunctions ("Quantum trajectories")

Density Matrix (von Neumann, Landau, Bloch)

definition: The density matrix ρ for a system with wavefunction $|\psi\rangle$ is given by

$$\rho = |\psi\rangle\langle\psi|$$

If $|\psi\rangle = c_g|g\rangle + c_e|e\rangle$, then

$$\rho = |\psi\rangle\langle\psi| = \begin{pmatrix} c_g c_g^* |g\rangle\langle g| & c_g c_e^* |g\rangle\langle e| \\ c_e c_g^* |e\rangle\langle g| & c_e c_e^* |e\rangle\langle e| \end{pmatrix}$$

For a population in a statistical mixture of states $|\psi_i\rangle$ with probabilities p_i , then

$$\rho = \sum_i p_i |\psi_i\rangle\langle\psi_i|$$

← allows for quantum superpositions and statistical mixtures simultaneously.

Stopped here

Main Properties:

Expectation value: $\langle A \rangle = \langle \psi | A | \psi \rangle = \text{Tr}(\rho A)$

time evolution: $i\hbar \frac{d}{dt} \rho = [H, \rho]$

notation:

$$\rho = \begin{bmatrix} \rho_{gg} & \rho_{ge} \\ \rho_{eg} & \rho_{ee} \end{bmatrix} = \begin{bmatrix} c_g c_g^* & c_g c_e^* \\ c_e c_g^* & c_e c_e^* \end{bmatrix}$$