

DC Zeeman Effect

Case 1: weak field limit $\mu_B \ll A$

We treat $W = H_{\text{Zeeman}}$ as a perturbation to $H_0 + H_{SO} + H_{\text{HF}}$

We work on the $\{ |\psi\rangle = |u\rangle_e |F, m_F\rangle \}$ basis
 L^2 , F^2 and F_z are good quantum numbers

$$H = H_0 + H_{SO} + H_{\text{HF}} + \underbrace{\left[\left(\frac{-ge}{2m_e} \right) (\vec{L} + 2\vec{S}) \cdot \vec{B} - \frac{g_I |g_c|}{2m_p} \vec{I} \cdot \vec{B} \right]}_{H_{\text{Zeeman}}}$$

We found that $H_{\text{Zeeman}} \Big|_{F\text{-subspace}} \approx g_F \mu_B \vec{F} \cdot \vec{B} = g_F \mu_B |\vec{B}| m_F$

$\vec{B} = |\vec{B}| \hat{z}$ ↑ linear energy shift

$g_F = \text{Landé } g\text{-factor}$

Case 2: strong field limit $\mu_B \gg A$

We treat $W = H_{\text{HF}}$ as a perturbation to $H_0 + H_{SO} + H_{\text{Zeeman}}$

$$H_0 + H_{SO} + H_{\text{Zeeman}} = H_0 + \frac{1}{2} \frac{e^2}{m_e^2 c^2} \frac{1}{R^3} \vec{L} \cdot \vec{S} + \left[\left(\frac{-ge}{2m_e} \right) (\vec{L} + 2\vec{S}) \cdot \vec{B} - \frac{g_I |g_c|}{2m_p} \vec{I} \cdot \vec{B} \right]$$

$\frac{1}{2} (J^2 - L^2 - S^2)$ $L_z + 2S_z = J_z + S_z$ I_z

good quantum numbers: $J^2, S_z, L^2, S^2, S_z, I_z$

i.e. ~~good~~ diagonalizing basis: $\{ |\psi\rangle = |u\rangle_e |J, m_J\rangle |I, m_I\rangle \}$

what about $S_z |\psi\rangle = ?$ or $S_z |J, m_j\rangle = ?$

within a J -subspace $\langle J, m_j' | S_z | J, m_j \rangle = 0$ for $m_j' \neq m_j$

because $|J, m_j\rangle = \alpha \underbrace{|m_l = m_j + \frac{1}{2}\rangle |m_s = -\frac{1}{2}\rangle}_{m_l + m_s = m_j} + \beta \underbrace{|m_l = m_j - \frac{1}{2}\rangle |m_s = \frac{1}{2}\rangle}_{m_l + m_s = m_j}$

these two basis vectors cannot

show up in $|J, m_j'\rangle$ if $m_j' \neq m_j$

$\hookrightarrow S_z$ does not change basis vectors, only the coefficients

using the Wigner-Eckart projection theorem:

$$\langle J, m_j | \vec{S} | J, m_j \rangle = \frac{\langle J, m_j | \vec{J} \cdot \vec{S} | J, m_j \rangle \langle J, m_j | \vec{J} | J, m_j \rangle}{\langle J, m_j | J^2 | J, m_j \rangle}$$

$\pm \frac{1}{2l+1}$ for $j = l \pm \frac{1}{2}$

$$\langle J, m_j | S_z | J, m_j \rangle = \pm \frac{m_j \hbar}{2l+1} \quad \text{for } j = l \pm \frac{1}{2}$$

We apply perturbation theory (1st order) to

$$W = H_{\text{HF}} = \frac{A}{\hbar^2} \vec{I} \cdot \vec{J} = \frac{A}{\hbar^2} \frac{1}{2} (\vec{F} - \vec{J} - \vec{I})$$

this is not helpful since we do not know how to evaluate

$$= \frac{A}{\hbar^2} \left(I_x J_x + I_y J_y + I_z J_z \right)$$

$$= \frac{A}{\hbar^2} \left[\frac{1}{2} (\mathbf{J}_+ \mathbf{I}_- + \mathbf{J}_- \mathbf{I}_+) + \mathbf{J}_z \mathbf{I}_z \right]$$

↳ use this form to compute $\langle \psi | \frac{A}{\hbar^2} \vec{I} \cdot \vec{J} | \psi \rangle$

note: We do not need to compute 0th order correction to eigenstates since there is no degeneracy when $|B| \neq 0$.

Example: 1s level of Hydrogen $\vec{S} = \vec{s}$
 $I = 1/2$ (proton), $s = 1/2$ (e^-)

$$\langle m_I m_s | \frac{A}{\hbar^2} \vec{I} \cdot \vec{J} | m_I m_s \rangle = \langle m_I m_s | \frac{A}{\hbar^2} \left[\frac{S_x I_x + S_y I_y}{2} + S_z I_z \right] | m_I m_s \rangle$$

⇒

$$= \frac{A}{\hbar^2} m_I m_s$$

However, we must also compute

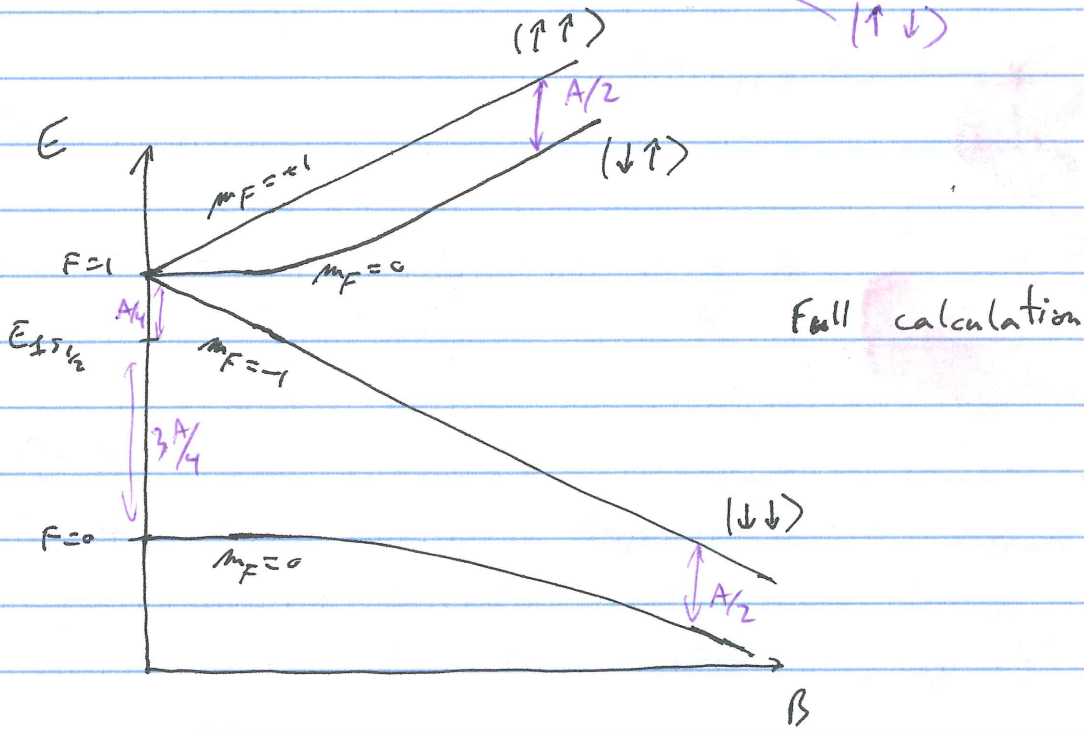
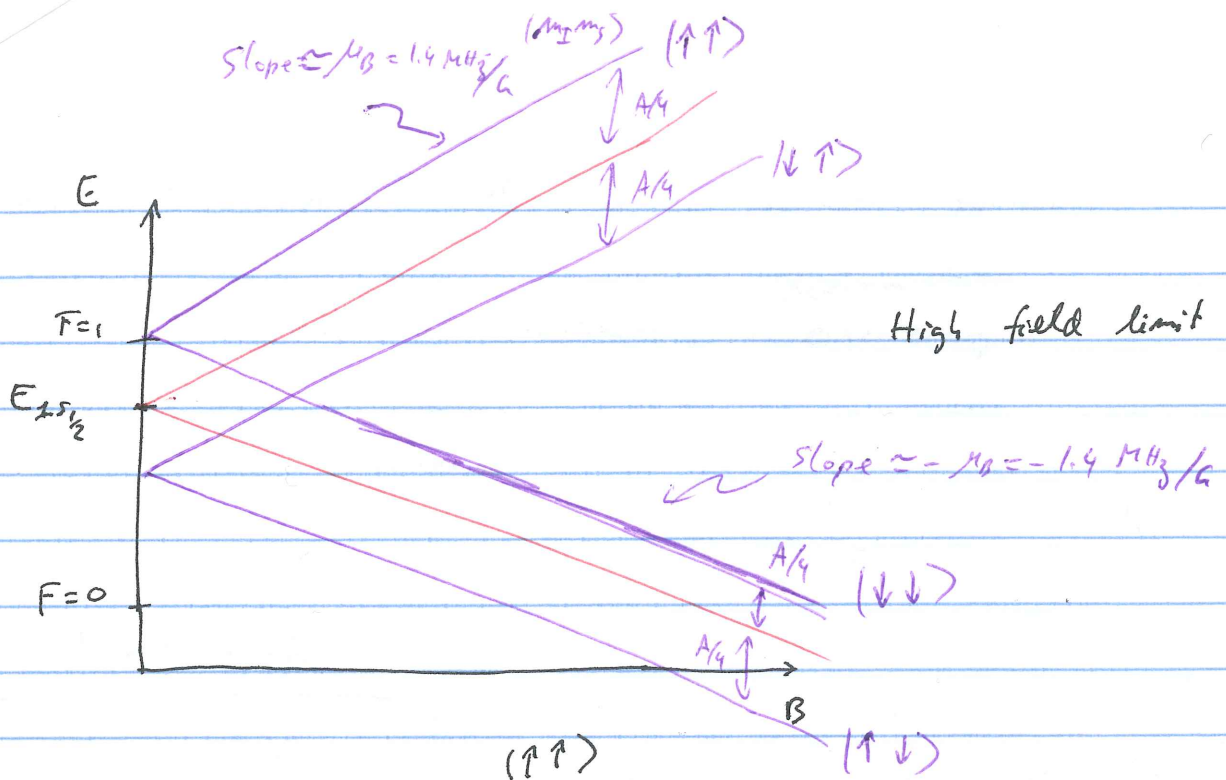
$$\langle m_I m_s | H_0 + H_{SO} + H_{Zeeman} | m_I m_s \rangle$$

$$= E_{1s, 1/2} + \langle m_I m_s | \left(-\frac{9e}{m_e} S_z - \frac{g_I (7e)}{2 m_p} I_z \right) |B| | m_I m_s \rangle$$

$$= E_{1s, 1/2} + \frac{7\mu_B}{m_e} 2\mu_B m_s |B| + \frac{g_I \mu_N}{2} m_I |B| - g_I \mu_N m_I |B|$$

⇒

thus
$$E_{total} = E_{1s, 1/2} + (2\mu_B m_s - g_I \mu_N m_I) |B| + \frac{A}{\hbar^2} m_I m_s$$



Case 3: Intermediate field $\mu_B \sim A$

\Rightarrow diagonalize $H_{HF} + H_{Zeeman}$ in $\{|F, m_F\rangle\}$ basis
 \hookrightarrow generally done numerically
 or $\{|I, m_I\rangle |S, m_S\rangle\}$ basis

but in the given J subspace

note: you don't actually need perturbation theory!

for $n S_{1/2}$ levels there is an analytic formula:

Breit-Rabi formula, for ^{Zeeeman shift} eigenenergies

[Show overheads]

Stark Effect

($\vec{B} = 0$, $\vec{A} = 0$). We apply a uniform electric field $\vec{E} = E\hat{z}$
The Hamiltonian is

$$H = H_0 + \frac{1}{2} \frac{e^2}{m_e^2 c^2} \frac{1}{R^3} \vec{L} \cdot \vec{S} + \frac{A}{\hbar^2} \vec{I} \cdot \vec{J} - q_e \vec{E} \cdot \vec{R}$$

$$H_{\text{Stark}} = -q_e |E| z$$

for $\vec{E} = E\hat{z}$

Perturbation theory

1- If different L -states are degenerate, then H_{Stark} will lift degeneracy \rightarrow 1st order correction to Energy \rightarrow Linear Stark effect
0th order correction to Eigenstates

2- If there is no L degeneracy, then H_{Stark} will not lift $|F, m_F\rangle$ degeneracy.

\rightarrow no 1st order correction to Energy

\rightarrow { 2nd order correction to Energy \rightarrow quadratic Stark effect
1st order correction to eigenstates

\hookrightarrow Stark effect mixes states of opposite parity (even & odd L -states)