

Tuesday, February 19, 2013

#1

Example: 1s level of hydrogen $W = H_{\text{Stark}} = -q_e \vec{E} \cdot \vec{r}$
 $= -q_e |\vec{E}| z$

1st order: $\Delta E' = -q_e |\vec{E}| \langle n=1, l=0, m_l=0 | z | n=1, l=0, m_l=0 \rangle$
 (energy)

$$= -q_e |\vec{E}| \int \langle n | \langle F, m_F | z | F, m_F \rangle | n \rangle$$

$$= -q_e |\vec{E}| \int \underbrace{|R_{10}(r)|^2}_{\text{even}} \underbrace{z}_{\text{odd}} dr$$

$$= 0$$

2nd order energy:

$$\Delta E'' = \sum_{\substack{n \neq 1 \\ l, m_l \\ F, m_F}} \frac{|\langle n, l, m_l | \langle F, m_F | (-q_e E z) | F, m_F \rangle \langle n=1, l=0, m_l=0 |}{E_{1s_{1/2}} - E_{n, l, m_l, F, m_F}}$$

$$= q_e^2 |\vec{E}|^2 \sum_{\substack{n \neq 1 \\ l, m_l \\ \text{+ continuum state}}} \frac{|\langle n, l, m_l | z | n=1, l=0, m_l=0 \rangle|^2}{E_{1s_{1/2}} - E_{n, l, m_l, F, m_F}}$$

$$= \text{const } |\vec{E}|^2$$

$$= -\frac{1}{2} \alpha |\vec{E}|^2$$

$\alpha = \text{DC electric polarizability}$

1st order eigenstate ("parity violation") odd: even

$$|\psi'\rangle = |n=1, l=0, m_l=0\rangle - q_e |\vec{E}| \sum_{\substack{n \neq 1 \\ l}} \frac{\langle n, l, m_l | z | n=1, l=0, m_l=0 \rangle}{E_{1s_{1/2}} - E_{n, l, m_l, F, m_F}}$$

$$= |1s_{1/2}\rangle + \epsilon |2p_{1/2}\rangle + \dots$$

↑ must be odd for non-zero contribution (p-state + continuum states) F-state

Selection rules for

$$\langle n, l, m_l | z | n=1, l=0, m_l=0 \rangle \neq 0 \quad \text{for } (n, l, m_l) = \text{odd}$$

↑
↑
↑
odd
even
even

$$\begin{aligned} \text{since } \langle r \rangle |n=1, l=0, m_l=0\rangle &= R_{10}(r) Y_0^0(\theta, \phi) \\ &= \frac{1}{\sqrt{4\pi}} R_{10}(r) \end{aligned}$$

~~$\langle r \rangle |n=1, l=0, m_l=0\rangle$~~ Also $z = R \cos \theta = \sqrt{\frac{4\pi}{3}} R Y_1^0(\theta, \phi)$

thus

$$\langle n, l, m_l | z | n=1, l=0, m_l=0 \rangle$$

$$= \int_0^\infty \int_0^\pi \int_0^{2\pi} r^2 dr \sin \theta d\theta d\phi \left\{ R_{nl}(r) Y_l^{m_l}(\theta, \phi) \sqrt{\frac{4\pi}{3}} R Y_1^0(\theta, \phi) \frac{1}{\sqrt{4\pi}} R_{10}(r) \right\}$$

$$= \frac{1}{\sqrt{3}} \int_0^\infty R_{nl}(r) R_{10}(r) r^3 dr \int_0^\pi \int_0^{2\pi} Y_l^{m_l}(\theta, \phi) Y_1^0(\theta, \phi) \sin \theta d\theta d\phi$$

$$\langle l=1, m_l=0 | l=1, m_l \rangle \neq 0 \quad \text{only for } l=1, m_l=0$$

(orthonormality of Y_l^m)

$$= \frac{1}{\sqrt{3}} \int_0^\infty R_{n1}(r) R_{10}(r) r^3 dr \quad \text{for } l=1, m_l=0$$

$$= 0 \quad \text{for } l \neq 1, m_l \neq 0$$

in practice: truncate series to first few terms

$$\frac{\langle 2, 1, 0 | z | 1, 0, 0 \rangle}{\langle 3, 1, 0 | z | 1, 0, 0 \rangle} \approx 2.5 \quad \Rightarrow \quad \left(\frac{\langle 2, 1, 0 | z | 1, 0, 0 \rangle}{\langle 3, 1, 0 | z | 1, 0, 0 \rangle} \right)^2 \approx 6.2$$

useful formula for evaluating terms such as

$$\langle u', l', m_l' | Z | u, l, m_l \rangle :$$

(Sakurai & Napolitano)
p. 231, eq. 3.8.73

$$\int r^2 \sin \theta \, d\theta \, d\phi \left\{ Y_l^{m_l'}(\theta, \phi) Y_{l_1}^{m_{l_1}}(\theta, \phi) Y_{l_2}^{m_{l_2}}(\theta, \phi) \right\}$$

(Cohen-Tannoudji)
p. 1037

$$= \sqrt{\frac{(2l_1+1)(2l_2+1)}{4\pi(2l+1)}} \langle l_1, l_2; m_{l_1}=0, m_{l_2}=0 | l, l; j=l, m_l=0 \rangle$$

$$\times \langle l_1, l_2; m_{l_1}, m_{l_2} | l, l; j=l, m_l=m \rangle$$

Clebsch - Gordan
coefficients

alternatively,

$$\cos \theta Y_l^m(\theta, \phi) = \sqrt{\frac{(l+m+1)(l-m+1)}{(2l+1)(2l+3)}} Y_{l+1}^m(\theta, \phi)$$

$$+ \sqrt{\frac{(l+m)(l-m)}{(2l+1)(2l-1)}} Y_{l-1}^m(\theta, \phi)$$

(Cohen-Tannoudji)
p. 689

Variational Method

Approximation Method for computing ground state energy.

Consider a Hamiltonian H with a discrete energy spectrum

$$H |\psi_n\rangle = E_n |\psi_n\rangle \quad n=0, 1, 2, \dots$$

where $n=0$ correspond to the ground state

$$E_0 < E_{n \neq 0}$$

Consider a state $|\psi\rangle$ (any state)

$$|\psi\rangle = \sum_n c_n |\psi_n\rangle$$

We define $\langle H \rangle_\psi$ as $\langle H \rangle_\psi = \frac{\langle \psi | H | \psi \rangle}{\langle \psi | \psi \rangle} = E_\psi$ if $|\psi\rangle$ is an eigenstate in case $|\psi\rangle$ is not normalized

Theorem:

$$\langle H \rangle_\psi \geq E_0$$

Thus $\langle H \rangle_\psi$ provides an upper bound on E_0 .

proof:

$$\begin{aligned} \langle \psi | H | \psi \rangle &= \left(\sum_{n'} c_{n'} \langle \psi_{n'} | \right) H \left(\sum_n c_n |\psi_n\rangle \right) \\ &= \sum_n |c_n|^2 E_n \geq \underbrace{\sum_n |c_n|^2 E_0}_{\langle \psi | \psi \rangle} \end{aligned}$$

$$\text{thus } \langle \psi | H | \psi \rangle \geq \langle \psi | \psi \rangle E_0 \Leftrightarrow \frac{\langle \psi | H | \psi \rangle}{\langle \psi | \psi \rangle} \geq E_0$$

Generalization: Ritz Theorem

$\langle H \rangle_\psi$ is stationary (i.e. extremum) if and only if $|\psi\rangle$ is an eigenstate of H .

i.e. $\delta \langle H \rangle_\psi = 0 \iff H|\psi\rangle = \langle H \rangle_\psi |\psi\rangle$

\uparrow eigen energy
 \uparrow eigenstate

proof: we consider a small perturbation to $|\psi\rangle$

$|\psi\rangle \rightarrow |\psi\rangle + |\delta\psi\rangle$ for $\delta \rightarrow 0 \Rightarrow$ get back $|\psi\rangle$

$|\delta\psi\rangle$ with $|\psi\rangle$ is any state vector (preferably orthogonal to $|\psi\rangle$)

$$\langle H \rangle_\psi = \frac{(\langle \psi | + \langle \delta\psi |) H (|\psi\rangle + |\delta\psi\rangle)}{(\langle \psi | + \langle \delta\psi |) (|\psi\rangle + |\delta\psi\rangle)} - \frac{\langle \psi | H | \psi \rangle}{\langle \psi | \psi \rangle}$$

δ^2 neglect

$$= \frac{\langle \psi | H | \psi \rangle + \langle \delta\psi | H | \psi \rangle + \langle \psi | H | \delta\psi \rangle + \langle \delta\psi | H | \delta\psi \rangle}{\langle \psi | \psi \rangle + \langle \delta\psi | \psi \rangle + \langle \psi | \delta\psi \rangle + \langle \delta\psi | \delta\psi \rangle} - \frac{\langle \psi | H | \psi \rangle}{\langle \psi | \psi \rangle}$$

δ^2 neglect

$$\langle \psi | \psi \rangle \left[1 + \frac{\langle \delta\psi | \psi \rangle}{\langle \psi | \psi \rangle} + \frac{\langle \psi | \delta\psi \rangle}{\langle \psi | \psi \rangle} \right]$$

Taylor expand keep only first order in δ

$$\approx \frac{(\langle \psi | H | \psi \rangle + \langle \delta\psi | H | \psi \rangle + \langle \psi | H | \delta\psi \rangle)}{\langle \psi | \psi \rangle} \left[1 - \frac{\langle \delta\psi | \psi \rangle}{\langle \psi | \psi \rangle} - \frac{\langle \psi | \delta\psi \rangle}{\langle \psi | \psi \rangle} \right] - \frac{\langle \psi | H | \psi \rangle}{\langle \psi | \psi \rangle}$$

$\langle H \rangle_\psi$

$$\approx \frac{\langle \psi | H | \psi \rangle}{\langle \psi | \psi \rangle} + \frac{\langle \delta\psi | H | \psi \rangle}{\langle \psi | \psi \rangle} + \frac{\langle \psi | H | \delta\psi \rangle}{\langle \psi | \psi \rangle} - \frac{\langle \psi | H | \psi \rangle}{\langle \psi | \psi \rangle} \frac{\langle \delta\psi | \psi \rangle}{\langle \psi | \psi \rangle} - \frac{\langle \psi | H | \psi \rangle}{\langle \psi | \psi \rangle} \frac{\langle \psi | \delta\psi \rangle}{\langle \psi | \psi \rangle}$$

+ higher order terms in δ^2

$$- \frac{\langle \psi | H | \psi \rangle}{\langle \psi | \psi \rangle}$$

$$\Rightarrow \delta \langle H \rangle_{\psi} = \frac{\langle \delta\psi | H - \langle H \rangle_{\psi} | \psi \rangle}{\langle \psi | \psi \rangle} + \frac{\langle \psi | H - \langle H \rangle_{\psi} | \delta\psi \rangle}{\langle \psi | \psi \rangle}$$

If $|\psi\rangle$ is an eigenstate of H then $H|\psi\rangle = \langle H \rangle_{\psi} |\psi\rangle$,
then
$$\delta \langle H \rangle_{\psi} = \frac{\langle \delta\psi | H - \langle H \rangle_{\psi} | \psi \rangle}{\langle \psi | \psi \rangle} + \frac{\langle \psi | H - \langle H \rangle_{\psi} | \delta\psi \rangle}{\langle \psi | \psi \rangle}$$

$\swarrow \langle H \rangle_{\psi}$ $\swarrow \langle H \rangle_{\psi}$
 $= 0$

If $\delta \langle H \rangle_{\psi} = 0$ for any variation $|\delta\psi\rangle$,

then define $|\phi\rangle = (H - \langle H \rangle_{\psi}) |\psi\rangle$

$$\text{then } \langle \delta\psi | \phi \rangle + \langle \phi | \delta\psi \rangle = 0 \quad (*)$$

if we choose $|\delta\psi\rangle = \delta\lambda |\phi\rangle$,
 then

$$(*) \Rightarrow \delta\lambda \langle \phi | \phi \rangle + \langle \phi | \phi \rangle \delta\lambda = 0$$

$$\Rightarrow \langle \phi | \phi \rangle = 0 \Rightarrow |\phi\rangle = 0 \Rightarrow (H - \langle H \rangle_{\psi}) |\psi\rangle = 0$$

$$\Rightarrow H|\psi\rangle = \langle H \rangle_{\psi} |\psi\rangle$$

$\Rightarrow \left\{ \begin{array}{l} \langle H \rangle_{\psi} \text{ is an eigenvalue} \\ |\psi\rangle \text{ is an eigenstate.} \end{array} \right.$

we can do this
 $\delta \langle H \rangle_{\psi} = 0$ for any $|\delta\psi\rangle$